

TIGER TALK

North Steyne Surf Life Saving Club
National Clean Beach Challenge winner - 2009
SLSA Club of the Year - 2008
Edition 13 / October 2009

350.org
Saturday 24th October 2009 at
3.50pm
International day of climate action,
North Steyne beach
Come along and be part of the
number
(see further on for details)

COMPETITION CAPERS

World Masters Carnival
Saturday 10th and Sunday 11th October 2009

"Lousy weather – Great results!"

Our hardy band of masters (see photo) competed in the World Masters Carnival recently. The team comprised two boat crews, Legends (Peter Chapman, Damian O'Shannassy, Peter Rogers, Bill McLerie and Sweep Col Stanford) and Veterans (Pete Landsey, Ged Brennan, Tony Saunders, Richard Donaldson and Col Stanford) and, a water/beach team (Paul Mathew, Kim Peacock-Smith, Tim Platt, Susie Fielding, Kevin Ferry, Lee Cooper, Deb Foote, Nan Crawford and Maxine Peacock-Smith).



Saturday dawned with rough surf and cold weather (little did we know that it was going to get worse!). One of our Veteran boaties, Tony Saunders (after a sleepless night due to nerves) sustained an injury while negotiating a sand bar, so it was off to hospital for a check. No serious injury – just a pinched nerve in his shoulder, and scrapes on his forehead, so he was able to return to the beach to support his crew.

Our Legends boat crew rowed superbly and after a very tight final in the 180+ age group, won a bronze medal. From what I have

heard, they led out to the buoys, led around the buoys and led coming back into the beach, but one wave picked them up together with two other teams and it was just the way the wave angled that determined the placings. A great showing and they were all very tired on Saturday night.

To start off the beach and water events was the 1k sand run. Kevin (Age Manager) was our only entrant and managed to pick up a silver medal in his age group and coming fifth overall. A good start for the rest of the team! Also on the Saturday were the beach relays. Susie, Lee and Max teamed up in the 150+ age group and came a respectable 5th – pretty good for water people and with the team's main runner, Susie being crook. Susie and Max also competed in the individual sprint. Paul, Tim and Pete Landsey (with very bad sea legs from competing in the boats) ran in the 150+ mens relay and came 7th – great result considering both Paul and Tim had just completed their individual sprint races.

Our water competitors then started their competition with the individual board, swim and ski events. Deb handled the tricky conditions very well on her ski and just finished out of the placings. Nan came second in her age group on the boards picking up a silver medal after negotiating the big sets and choppy conditions extremely well. Nan also won gold with Lee coming in third for their individual surf swims.



Tim, Kim and Paul fared just out of the placings in their board, swim and ski races – a hard day at the office!

Sunday came with a lot of promise with our girls competing in all team events – taplin, surf swim and board. The team managed to pick up bronze medals in all of their events – great work. The board rescue was also held on Sunday and Deb and Max teamed up in the 50-54 age group and came third and Nan and Lee teamed up in the 55-59 age group winning a silver medal.

Paul and Tim teamed up with other Clubs to extend their competition itinerary (won't tell which Club Paul teamed up with, but it starts with M and they are situated at the southern end of the beach!).



A long and tiring weekend, but all worth the effort.

Our other master competitor was Peter Coats who ran in the 10k road race – and in his words “managed to get through it without collapsing”. Peter had been sick for the past two weeks, but managed to finish in just on 49 minutes for the race. He said it was a terrific experience with over 800 athletes from all over Australia and many from overseas enjoying the run in good conditions. Peter said it was a good feeling to run into the Athletics Stadium and do a lap of the track that Asafa Powell (and many others) has ran on, in front of a few hundred noisy supporters. Peter is also running in the half marathon – results not yet to hand.

Nan and Maxine are also competing in the pool swimming and open water swim

The Masters team would like to thank some people who helped the team out over the weekend and leading up to the event:-

- Maxine for organising the entries and information to the beach and water competitors
- Damian for organising the boats
- Deb for her training of the board rescue group
- Lee for getting out the emails and organising the BBQ's
- Sophia Burton (Clothing Shop Manager) for organising the team shirts
- Tony Saunders for organising the water craft
- Frank Traugott, Geoff Cooper and Mike Crawford for being the “support crew” for our water ladies, helping carrying boards, ski's and tents to Manly at some ungodly hour in the morning, then returning them in the afternoon.
- Kim, Paul and Tim for helping out the “support crew”
- To the many North Steyne members who came down to Manly to cheer on all our competitors

- To Ged Brennan for being the only North Steyne representative at the Opening Ceremony last Sunday evening.

RSA's REQUIRED to go on Club bar roster

If you have your RSA and are willing to give up a couple of hours of your time once a month to “man” the Club bar, could you please contact Nicole Butcher (Bar Manager) on 0432 750 723. Additionally, if you would like more information or details on this, please contact Nicole or Pete Frater (General Activities Director).

350.ORG

Environment Up-Date

Come and BE A PART OF the largest day of Climate Action ever.

Northern beaches communities join the largest day of climate action in history, 2000+ events around the world

On Saturday 24th October 2009 Northern Beaches residents will join hundreds of thousands of people from around the world in taking a stand for a safe climate future as part of the largest global day of climate change ever witnessed.

The call to action by Manly Warringah and Pittwater Climate Change Groups, and hosted by Manly, Warringah and Pittwater Councils, will spell out the numerals ‘350’ (i.e. 350 parts per million, signifying the safe upper level of carbon dioxide in our atmosphere) via human signs on local beaches.

“People are turning out in great numbers in Australia and around the world on 24th October to call on global leaders to hear the public concern about climate change before the UN talks in Copenhagen in December,” said a spokesperson for the Climate Change Groups.

“Scientists are saying that our current greenhouse emissions at 385ppm are at a dangerous level.

“350 sends a clear message to our community and our leaders that we cannot afford to be skeptical anymore and that we need to set a clear and ambitious goal to work towards at the Copenhagen meeting.

“Individuals and families in every corner of the world will be taking similar action from Mount Everest and the Taj Mahal to the Great Barrier Reef and the Sydney Opera House.”

The Northern Beaches climate action groups have the support of local Mayors, Councils, politicians and community groups who will be gathering at three locations (North Steyne beach, Dee Why beach, and Mona Vale beach) at 3.00pm on Saturday 24 October. The sign will be formed at 3.50pm with media coverage of the event expected.

The events are three of more than 2,000 rallies in more than 140 nations coordinated by the organisation ‘350.org’ and urging world leaders to take fast and effective action on climate change.

“This is the first global campaign ever organised around a scientific data point,” said the climate change group spokesperson.

“It’s also significant that we organise the human signs on our local beaches as increasing sea levels will see our iconic beaches disappear in the future.

"Everyone has a responsibility in combating climate change. We can each make a difference to reducing our own carbon footprints.

"We are encouraging the residents of the Northern Beaches to register their interest but most importantly to join us on this day so that we can get our world back to 350 and a safe climate future."

To find out more about '350' go to www.350.org/australia. To register email manly350.org@gmail.com. To make the sign more effective wear North Steyne Club Gear on the day.

We have Mike Baird, Jean Hay, Henry Wong, Cathy Griffin, the Council, the Environment Centre, Volley Ball, Board Riders, the Ecodivers, Manly LSC along with we North Steyneites supporting our event ... hope you can make it.

For more information contact Jo Cooper, Coastal Ambassador and Deputy President North Steyne SLSC on 0418 475 400 or jo.broadconcepts@gmail.com

About 350.org

Founded by author and environmentalist Bill McKibben, 350.org is the first large-scale grassroots global campaign against climate change.

Its supporters include leading scientists, the governments of 89 countries, and a huge variety of environmental, health, development and religious NGOs. All agree that current atmospheric levels of greenhouse gases—385 parts per million—are causing damage to the planet and to its most vulnerable people, and that government action at the Copenhagen climate conference is required to bring the earth's carbon level swiftly down.

NEW LOCKERS HAVE ARRIVED

The new plastic (rust resistant) lockers have been installed. Lockers are only available in the mens change room and if you would like one, please contact Geoff Cooper on 0416 181 251 to enable one to be put aside for you. Details of locker rental are:-
380 width x 450 depth x 450 high (\$44)
380 width x 450 depth x 600 high (\$66)

If you would like a locker, could you please advise Geoff as the Club is looking at the viability of purchasing additional ones.

Many thanks to Peter Chapman (legend boatie) who worked all of last week dismantling the old lockers and installing the new ones – Peter, your efforts were very much appreciated.

Also, a thank you to Manly Council for very kindly taking away the old lockers.

GYM UPGRADE

The up-grade includes new equipment and security (card key) access. Fees are \$70 active members, \$35 for Under 19's and students and \$210 for Associates. In addition, a \$10 fee is payable for the electronic access card (which will be a one-off payment). You will be contacted when the up-grade has been completed to collect your access card. Bernie Burrows (Life Members) has done a fantastic job with the gym upgrade, plus installing the computer system to commence the swipe card system. Bernie has been working very long hours in obtaining the new equipment, collecting

it from various parts of Sydney, cleaning, painting and rust protecting all the present equipment. If you are using the gym and Bernie is there, please take the time to thank him for your new surrounds.

MARKETING CORNER

All North Steyne Club Members and Nipper Parents

Win \$50 of fuel

There is a winner every month over the patrolling season

How to enter

1. Visit United Petroleum Manly and purchase a minimum of \$30 of fuel and or product.
2. Write your details on the entry form that is kept behind the register at UP Manly.
3. The winning Club Person will be drawn on the last Friday of each month at Sips and contacted via phone or e-mail.



RNC Global Projects

"Simply making things happen - for North Steyne"



North Steyne would like to welcome RNC Global Projects to the club. This month RNC generously donated \$15,000 to go towards the club's new emergency defib and first aid kit; IRB racing uniforms; a spinal board; IRB and a mannequin. RNC's Managing Director, Diane Dromgold has a passion for IRB racing and would like to support surf lifesaving. Consequently RNC's focus will be on our surf life saving and education endeavours. RNC are a project management consultancy firm in North Sydney and the Marketing team will be working closely with RNC on branding opportunities.

For more information about our sponsor please see www.rncglobal.com

DID YOU KNOW

Jelle Bakker would just like to thank the club for supporting him in his triathlon endeavours.

He went to Worlds triathlon which was held on the Gold Coast in September 2009. Unfortunately he had to pull out of the Aquathlon because he was too sick to compete, but he managed to race in the

triathlon on the Sunday, still not feeling 100%. He finished the race (750m swim, 20km bike and 5 km run) in 26th place out of the 55 competitors in his age group. It was a fantastic event and a great experience.



Don't forget to note your shirt and short size on the registration form and please, any email information would be most appreciated as most of our communication is done via this way.

UP COMING EVENTS TO START THE SEASON OFF

Saturday 24 th October	NSW Pool Championships – Woy Woy Cadet Camp – Swansea Belmont
Sunday 25 th October	SNB Selection Carnival – 4 Way Carnival, Wanda
Saturday 31 st October	SNB Boat Premiership R2 – Newport
Sunday 1 st November	Bennett Junior Board Classic – Dee Why
Saturday 7 th November	SNB Life Saving Event – TBC
Saturday 14 th November	R&R Carnival – Swansea Belmont Kraka Junior Ironman – Swansea Belmont
Sunday 15 th November	JAC Carnival – Manly
Saturday 21 st November	Freshwater Masters SNB Boat premiership R3 – Long Reef
Sunday 22 nd November	Bennett Junior Ironman - Freshwater
Friday 27 th November	Boardies Day with SIPs night
Saturday 29 th November	Ocean Series R5, Manly
Friday 4 th December	Masters Twilight Carnival, Queenscliff
Saturday 5 th December	3 Points Challenge, North Curl Curl
Sunday 6 th December	Nippers Carnival, Queenscliff
Saturday 12 th December	North Narrabeen Boat Bash NSW I/branch Champs, Cape Hawke
Sunday 13 th December	Nippers Christmas Party Ocean Swim, Bilgola
Friday 18 th December	First Aid Comp R1, Dee Why
Saturday 19 th December	Oceanseries Final – 20 Beaches
Sunday 20 th December	Seniors Christmas Party

Grants Officer Position “voluntary”

The Club's Board of Directors approved the creation of a Grants officer position to assist the Board, in particular the Marketing Director and Marketing Panel (sub-committee), to prepare and apply for grants made available to non profit community organisations such as Clubs like ours.

Experience with preparing grant applications would be preferred but not mandatory.

Please make all enquires to Bruce Gilbert (Marketing Director) on 9290-3433 or 0411-422-165 or badgilbert@smartchat.net.au

MEMBERSHIP FEES

Membership fees for the 2009/2010 season are:

Active Senior	\$ 55
Active Junior	\$ 55
Cadet	\$ 55
Long Service	\$ 55
Active Reserve	\$ 55
Juniors (nippers)	\$ 80
Associate	\$110
Family (4)	\$160
(this does not include an active patrolling member and only relates to nippers)	
Retired	\$ 15
Gym	\$ 70 + \$10 swipe card
Gym – Under 19 and students	\$ 35 + \$10 swipe card
Gym – Associates	\$210 + \$10 swipe card
Locker – small	\$ 44
Locker – large	\$ 66
(swipe card \$10 for the first year only)	
New Membership with Bronze	\$200

