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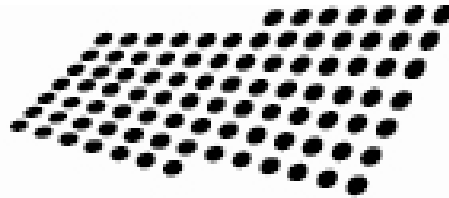
12 January 2010

Club Entries

For the

Surf Life Saving Sydney Northern Beaches Inc.
The *EnergyAustralia* 2010 MASTERS Branch Championships
Saturday and Sunday 30 and 31 January 2010

Queenscliff and North Steyne Surf Life Saving Clubs



EnergyAustralia[®]

COMPETITOR REGISTRATION: ALL Masters competitors MUST register prior to participating in the 2010 Masters Branch Championships. Registration will commence from 11.00am Saturday 30 January 2010 at the Queenscliff SLSC for ALL Water and Craft Competitors and on Sunday from 6.30am at North Steyne SLSC for Masters Boat Competitors. All Masters Beach and Flag competitors registration will commence at 6.30am Sunday 31 January at Queenscliff Surf club.

Masters Board Riding please refer to SNB Life Saving Championship Circular.

MASTERS Championships:

Report Times:

Masters Board Riding – Saturday Queenscliff from 6.30am
Water and Craft Competition – Saturday Queenscliff from 12.00 Noon
ALL Boat Competition Sunday North Steyne from 8.00am
Beach Competition – Sunday Queenscliff from 8.30am
Flag Competition – Sunday Queenscliff from 8.30am
March Past Competition – Queenscliff Sunday from 1.30pm

Surf Life Saving Sydney Northern Beaches Inc.
2009/10 Branch Championships

Medal Presentations By – Law C4-2

At Branch Championships, the medals be awarded as follows as long as starters equal entries –

- 4 entries or more in an event – 3 medals presented
- 3 entries – 2 medals presented
- 2 entries – No event
- 1 entry – No event

NB: This means entries at closing date of entries for the applicable championships.

Craft Scrutineering

Branch will only accept current RED stickers with a date and scrutineers number visible. SNB reserves the right to spot check any competition equipment at point in the competition.

Parking

Clubs are reminded that it is paid parking on the Oceanfront at Manly, North Steyne and Queenscliff. There is NO Provision for overflow parking at Queenscliff Lagoon on Saturday 30 January. The Lagoon will be available on Sunday 31 January and entry will be via Pittwater road only from 6.00am. There is NO parking for trailers or vehicles on the grassed areas at either North Steyne or Queenscliff. If you park illegally you will be booked.

ALL members entered MUST be Proficient and Financial members by 31 December 2009

ALL members must have fulfilled their Patrol Obligations as per SLSNSW Circular No. 1050

SNB reserves the right to conduct a random or detailed audit of any Club Entries

There is NO provision for Composite teams at Branch Championships

ENTRIES CLOSE: Thursday 28 January 2010 AT 12 MIDNIGHT for Masters Competition scheduled 30 and 31 January 2010.

STRICTLY NO LATE ENTRIES

ENTRIES WILL ONLY BE ACCEPTED VIA www.carnivalentries.com.au/snb

**2010 Surf Life Saving Sydney Northern Beaches Inc.
Open Branch Championships Queenscliff and North Steyne SLSC's**

EVENTS

The following Championship Events shall be conducted in their respective areas and as per the Competition Manual, 33rd Edition (Revised November, 2008), and any subsequent Bulletin updates.

Swimming Events

30-34 Years Male Surf Race
30-34 Years Female Surf Race
35-39 Years Male Surf Race
35-39 Years Female Surf Race
40-44 Years Male Surf Race
40-44 Years Female Surf Race
45-49 Years Male Surf Race
45-49 Years Female Surf Race
50-54 Years Male Surf Race
50-54 Years Female Surf Race
55-59 Years Male Surf Race
55-59 Years Female Surf Race
60-64 Years Male Surf Race
60-64 Years female Surf Race
65-69 Years Male Surf Race
65-69 Years Female Surf Race
70 Years and over Surf race
110 Years min Male Surf Teams
110 Years min Female Surf Teams
130 Years min Male Surf Teams
130 Years min Female Surf Teams
150 Years min Male Surf Teams
150 years min Female Surf teams
170 Years and over Surf teams

Board Rescue Events

30-34 Years Male Board Rescue
30-34 Years Female Board Rescue
35-39 Years Male Board Rescue
35-39 Years Female Board Rescue
40-44 Years Male Board Rescue
40-44 Years Female Board Rescue
45-49 Years Male Board Rescue
45-49 Years Female Board Rescue
50-54 Years Male Board Rescue
50-54 Years Female Board Rescue
55-59 Years Male Board Rescue
55-59 Years Female Board Rescue
60-64 Years Male Board Rescue
60-64 Years Female Board Rescue
65-69 Years Male Board Rescue
65-69 Years Female Board Rescue
70 Years and over Board Rescue

Rescue Tube Events

30-34 Years Male Rescue Tube
30-34 Years Female Rescue Tube
35-39 Years Male Rescue Tube
35-39 Years Female Rescue Tube
40-44 Years Male Rescue Tube
40-44 Years Female Rescue Tube
45-49 Years Male Rescue Tube
45-49 Years Female Rescue Tube
50-54 Years Male Rescue Tube
50-54 Years Female Rescue Tube
55-59 Years Male Rescue Tube
55-59 Years Female Rescue Tube
60-64 Years Male Rescue Tube
60-64 Years Female Rescue Tube
65-69 Years Male Rescue Tube
65-69 Years Female Rescue Tube
70 years and Over Rescue Tube

Board Events

30-34 Years Male Board
30-34 Years Female Board
35-39 Years Male Board
35-39 Years Female Board
40-44 Years Male Board
40-44 Years Female Board
45-49 Years Male Board
45-49 Years Female Board
50-54 Years Male Board
50-54 Years Female Board
55-59 Years Male Board
55-59 Years Female Board
60-64 Years Male Board
60-64 Years Female Board
65-69 Years Male Board
65-69 Years Female Board
70 years and Over Board
110 Years min Male Board Relay
110 Years min Female Board Relay
130 Years min Male Board Relay
130 Years min Female Board Relay
150 Years min Male Board Relay
150 Years min Female Board Relay
170 Years min Board Relay

Multi-Discipline Events

30-34 Years Ironman
30-34 Years Ironwoman
35-39 Years Ironman
35-39 Years Ironwoman
40-44 Years Ironman
40-44 Years Ironwoman
45-49 Years Ironman
45-49 Years Ironwoman
50-54 Years Ironman
50-54 Years Ironwoman
55-59 Years Ironman
55-59 Years Ironwoman
60-64 Years Ironman
60-64 Years Ironwoman
65-69 Years Ironman
65-69 years Ironwoman
70 Years and over Ironperson
110 Years min Male Taplin [3 person]
110 Years min Female Taplin [3 person]
130 Years min Male Taplin [3 person]
130 Years min Female Taplin [3 person]
150 Years min Male Taplin [3 person]
150 Years min Female Taplin [3 person]
170 years min Taplin [3 person]

30-34 Years Male Double Ski
30-34 Years Female Double Ski
35-39 Years Male Double Ski
40-44 Years Male Double Ski
45-49 Years Male Double Ski
45 Years and Over Female Double Ski
50-54 Years Double Ski
55-59 Years Double Ski
60-64 Years Double Ski
65-69 Years Double Ski
70 Years and Over Double Ski

Surf Boat Events (Sun 31 Jan)

120 Years min Male Boat
120 years min Female Boat
140 Years min Male Surf Boat
140 Years min Female Boat
160 Years min Male Boat
160 years min Female Boat
180 Years min Surf Boat
200 Years min Surf Boat
220 Years min Surf Boat
240 Years min Surf Boat
260 Years min Surf Boat

Ski Events

30-34 Years Male Single Ski
30-39 Years Female Single Ski
35-39 Years Male Single Ski
35-39 Years Female Single Ski
40-44 Years Female Single Ski
40-44 Years Male Single Ski
45-49 Years Male Single Ski
45-49 Years Female Single Ski
50-54 Years Male Single Ski
50-54 Years Female Single Ski
55-39 Years Male Single Ski
55-59 Years Female Single Ski
60-64 Years Male Single Ski
60-64 Years Female Single Ski
65-69 Years Male Single Ski
65-69 Years Female Single Ski
65-69 Years Male Single Ski
70 Years and Over Single Ski
110 Years min Male Ski Relay
110 Years min Female Ski Relay
130 Years min Male Ski Relay
130 Years min Female Ski Relay
150 Years min Male Ski Relay
150 Years min Female Ski Relay
170 Years min Ski Relay

Beach Events (Sun 31 Jan)

30-34 Years Male Beach Sprint
30-34 Years Female Beach Sprint
35-39 Years Male Beach Sprint
35-39 Years Female Beach Sprint
40-44 Years Male Beach Sprint
40-44 Years Female Beach Sprint
45-49 Years Male Beach Sprint
45-49 Years Female Beach Sprint
50-54 Years Male Beach Sprint
50-54 Years Female Beach Sprint
55-59 Years Male Beach Sprint
55-59 Years Female Beach Sprint
60-64 Years Male Beach Sprint
60-64 years Female Beach Sprint
65-69 Years Male Beach Sprint
65-69 years Female Beach Sprint
70 Years and Over Beach Sprint

140 Years min Male Beach Relay
140 Years min Female Beach Relay
170 Years min Male Beach Relay
170 Years min Female Beach Relay
200 Years min Male Beach Relay
200 Years min Female Beach Relay
230 Years min Beach Relay

30-34 Years Male Beach Flags
30-34 Years Female Beach Flags
35-39 Years Male Beach Flags
35-39 Years Female Beach Flags
40-44 Years Male Beach Flags

40-44 Years Female Beach Flags
45-49 Years Male Beach Flags
45-49 Years Female Beach Flags
50-54 Years Male Beach Flags
50-54 Years Female Beach Flags
55-59 Years Male Beach Flags
55-59 Years Female Beach Flags
60-64 Years Male Beach Flags
60-64 years Female Beach Flags
65-69 Years Male Beach Flag
65-69 Years Female Beach Flags
70 years and Over Beach Flags

30-34 Years Male 2km Beach run
30-34 Years Female 2km Beach run
35-39 Years Male 2km Beach run
35-39 Years Female 2km Beach run
40-44 Years Male 2km Beach run
40-44 Years Female 2km Beach run
45-49 Years Male 2km Beach run
45-49 Years Female 2km Beach run
50-54 Years Male 2km Beach run
50-54 Years Female 2km Beach run
55-59 Years Male 2km Beach run
55-59 Years Female 2km Beach run

60-64 Years Male 1km Beach run
60-64 years Female 1km Beach run
65-69 Years Male 1km Beach run
65-69 years Female 1km Beach run
70 Years and Over 1km Beach run

Note:

- Masters competitors shall only compete in their own age group in individual events and only one age category in team events. (As set out in the SLSA Policy 5.4). In Boat events the sweep does not have to be of masters age. The age category ONLY applies to the four nominated rowers.
- All Team managers should refer to the latest competition manual (33rd Edition revised November 2008), for the rules for all masters events.
- For any Masters event to be contested a minimum of Four (4) starters are required. Where there is less than the minimum number of starters, competitors may contest a lower age group of the same event without prejudice to his / her age category in other events
- Entry for all Masters at these Championships is \$ **20.00** per competitor (unlimited events).
- The ski leg is included in all Ironwomen events up to and including the 65-69 age category.